EMILY PROSSER SPRINT TRIATHLON 2010 - SPONSORSHIP FORM

This piece of paper could help change someone's life. You can help by sponsoring the person who gave you this form - they are going to do something very difficult, but brilliant!

All you have to do is fill in your name and address and sponsor them for as much as you can afford. The cash you give will make a real difference to the treatment available from the Advance treatment center to people suffering with cerebral palsy in the UK. On behalf of them - Thank you.

HELP US TO GET 28% EXTRA!
If you pay UK tax* and you tick the Gift Aid box on this sheet Advance will be able to claim an extra 28% from the government. It won't cost you a penny. *you need to have paid UK tax this year at least equal to the 28% we will claim.

giftaid it

Please sponsor me (name).....
To complete a sprint triathlon (0.4k Swim/20k bike/5k run)
Phew!

My fundraising target is ..... **£**

Please tick here to Gift Aid your donation

Full name Please give your full name and address including postcode or we can't claim Gift Aid	Home address	Postcode		Total amount	Total received
A. Person	A House, A Town	AB1 2CD	√	£ X	£ X

Total raised £

The official bit you fill in when you've collected all the cash!

Title ..... First name ..... Surname .....

Address.....
.....
.....Post code.....

Signed ..... Parent/guardian if under 18

From time to time we'd love to send you information about what we're up to at Cardiff Triathletes. If you don't want to receive this information, please here:

If you would like to receive this information by email, please write your email address here:

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Advance is a registered charity: 1026049

PLEASE DOUBLE-CHECK YOU HAVE YOUR SPONSORS' FULL NAMES AND HOME ADDRESSES SO WE CAN CLAIM GIFT AID.

Please return this form with a cheque for all the money raised to: **29 Ty Mawr Road, Llandaff North, CARDIFF, CF14 2FN**

Cheques/postal orders should be made payable to '***Advance***'. Please don't send cash through the post.

If you pay in your money online or over the counter at a bank, building society or post office, please send your receipt with this form to the address above, so we can claim Gift Aid.